

Awareness Programmme on Menstrual Hygiene

An 'Awareness Programme on Menstrual Hygiene' was organised by the Women Development Cell of Nalbari College, in collaboration with Women's Studies and Development Cell, Nalbari College Teachers' Unit, and Sarathi Multispeciality Hospital, Nalbari, on 25-03-2025 at PGA Hall. Dr. Karishma Das, MD, Medicine, of Sarathi Multispeciality Hospital, acted as the resource person of the programme. After the talk, students also individually consulted with the resource person. A total number of 70 female students attended the programme.

Sanitary napkins were distributed for free among the students in the programme, and the remaining napkins were donated to the healthcare centre of the college for future use.

The programme was attended by Mr. Phatik Chandra Barman, Vice Principal, Nalbari College, Dr. Hangshadhar Rajbongshi, Co-ordinator, IQAC, Nalbari College, and the members of WDC.



