



DEPARTMENT OF PHILOSOPHY

দৰ্শন বিভাগ

NALBARI COLLEGE

নলবাৰী কলেজ

Nalbari, Assam- 781335

Report On

1. **Title of the event:** A Popular Talk on **Aim in life and Perfection of Personality**
2. **Venue:** Digital Classroom, Nalbari College
3. **Date:** 27.01.2022
4. **Organized by:** IQAC, Nalbari College in collaboration with Department of Philosophy and Sanskrit, Nalbari College
5. **Speaker:** Mr. Diganta Biswa Sarma
6. **Faculty Coordinator:** Dr. Mani Sarma and Dr. Malaya Borah
7. **No of Participants:** 39
8. **Nature of Participants:** Students & Teacher
9. **Description of the event:** Our Nalbari College's Internal Quality Assurance Cell (IQAC) organized a popular talk event in collaboration with the Dept. of Sanskrit and Philosophy. The Resource person for the event was Mr. Diganta Biswa Sarma, one of the well-known authors, translator, Sahitya Academy Awardee as well as the follower of Sri Ramakrishna, Swami Vivekananda and Sri Aurobindo. He demonstrated his views on the topic "Aim in life and Perfection of Personality". The main objective of the event was to talk over the holistic aim of life. Mr. Sarma also discussed about how our inner and outer life should be aligned for harmony in life in order to fulfill our targets. He hinted how self-observation helps in development of inner growth. He also stated that how everyone is blessed with infinite possibilities and all we have to do is to take one step ahead to develop the qualities of sincerity, courage, gratitude, perseverance, progress within oneself. He mentioned how it is important as a task for us to unveil these veiled qualities. In this regard, he stated the Upanishadic saying 'know thyself' (Self-realization).

Mr. Diganta Biswa Sarma dropped the story of Nachiketa and Lord Yama of Kathopanishad to show Nachiketas's role as one of the characters present among us but sleeping and we must make a door open to it.

He explained about the importance of will and living flame of aspiration in order to create one aim in our lives and also without aim, life would be bound to be a miserable one. He quoted Swami Vivekananda's line – "To me, the very essence of education is concentration of mind and not collecting facts" and also discussed about concentration and detachment.

He said that success should not be the aim of life, perfection should be the aim of life, adding that the secret of perfection lies in ones shradha, bhakti, concentration and detachment. This auspicious event was successfully concluded with the presence of the principal, president of GB and all the faculty members and students of Nalbari College.

10. Photographs of the event:



Key Points:

- Total No. of participants: 39
- Geo-tag photos are taken

Attachment:

Geo-tag photos of the Programme

Signature of Participants

Signature of the Participants

Date :- 27/01/2022

A Popular talk on "Aim in life and Perfection of Personality" Organized by IQAC, Nalbari College in collaboration with Dept. of Sanskrit and Philosophy

Resource Person: Mr. Diganta Biswa Sarma.

Venue : Digital Classroom, Nalbari College.

Signature of the Participants

1. Rupam Das
2. Nikibul Ali
3. Jharna Barman
4. Sankar Das
5. Madhujya Kalita
6. Puja Talukdar
7. U Samtar Sarma
8. Bikash Talukdar
9. Pranit Haloi
10. Manoj Kalita
11. Bagmita Kashyap
12. Mamita Kalita

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| 13. | Kankana Rajbongshi | 45. | |
| 14. | Liabrita Das | 46. | |
| 15. | Babita Begum | 47. | |
| 16. | Suparna Haloi | 48. | |
| 17. | Aysha Siddika | 49. | |
| 18. | Anupama Haloi | 50. | |
| 19. | Madhusmita Rajbongshi | 51. | |
| 20. | Jorani Baishya | | |
| 21. | Anamika Deka | | |
| 22. | Anamika Das. | | |
| 23. | Sushmita Haloi | | |
| 24. | Priya Haloi | | |
| 25. | Dhritishmita Haloi | | |
| 26. | Nikita Kalita | | |
| 27. | Jannatul Jabal | | |
| 28. | Nayam Kakati. | | |
| 29. | chandan Baishya | | |
| 30. | Hemanta Ramchary | | |
| 31. | Ashmita Kalita | | |
| 32. | Mamika Kaibarta | | |
| 33. | Dhrobajyoti Haloi | | |
| 34. | Kamal Das | | |
| 35. | Rupam Rajbongshi | | |
| 36. | Papari Hazarika | | |
| 37. | Gagan Haloi | | |
| 38. | Jayashree Das | | |
| 39. | Pallabi Das | | |
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