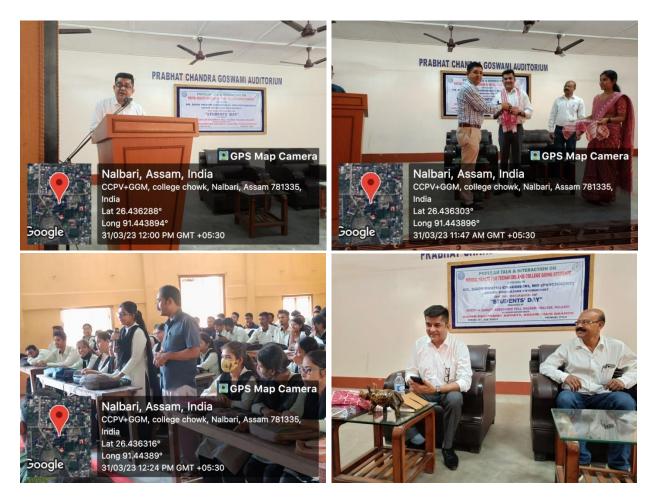
- 1. Name of the Programme : Mental Health for Teenagers and College going Students
- 2. Date : 31/03/2023
- 3. Organized by : IQAC, Nalbari College
- 4. Name of Resource persons : Dr. Bijoy Pratim Chaudhuri, MD (Psychiatry), Senior Consultant Psychiatrist & Hony. President India Psychiatry Society, Assam State Branch
- 5. Number of participants : 130
- 6. A brief write up of the programmme:

The Internal Quality Assurance Cell, Nalbari College, Nalbari in association with India Psychiatry Society, Assam State Branch celebrated the Students' Day by organizing a Popular talk on "Mental Health for Teenagers and College going Students" on 31st March, 2023 to sensitise the students about mental health. The programme was begun with a welcome speech by Dipak Kalita, Vice Principal, Nalbari College, Nalbari. Dr. Bijoy Pratim Chaudhuri, MD (Psychiatry), Senior Consultant Psychiatrist & Hony. President India Psychiatry Society, Assam State Branch acted as resource persons in the programme. He delivered a detailed presentation on the different aspects of mental health. He appealed students not to hesitate to discuss on mental health and to overcome the stigma prevailing in our society on mental illness. He said that proper medication and counseling can cure mental illness. The students interacted with the resource person and Dr. Chaudhuri answered their queries very well. The total numbers of students and teachers participated in the event was 130. The Programme was anchored by Kumud Chandra Rabha, Assistant Professor of Zoology and coordinated by Dr. Dhiraj Talukdar, co-ordinator, IQAC, Nalbari College.

Few Photographs



Signature of Attendance

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31/03/2023

Popular Talk & Interaction on "Mental Health for Teenagers and College going students" Organized by IQAC, Nalbari College, Nalbari in Association with Indian Psychiatry Society, Assam State Branch Resource person: Venue: RGA 1. Dr. Bijoy Pralim Chaudhuri, MD(Psychiatry) Senior Consultant Psychiatrist Commente & signature of the resource person: It is use indeed a great pleasure & honouer to come to Nalban Collage on the Occasion of Student's Day' & interact i the the students & Faculty on the Subject of Adoloscent/2 College Student's Acutal health. This kind of programmes Should be conducted in the College premises on a regular basis for Grood Mental Health of all, chand 31/3/2 DR BIJOT PRATIM CHAUDYUR, FR, CONSULTANT PSYCHIATRIS) -HOMY President Judia 12 P8640-60240 Dutta Brothers