

### Internal Quality Assurance Cell Nalbari College, Nalbari Assam, Pin-781335



1. Title of the event: Workshop on Behaviour Remodelling

2. Venue: Digital classroom (Nalbari College)

3. Date: 02/11/2023

4. Organized by: Internal Quality Assurance Cell, Nalbari College

5. Programme Coordinator: Dr. Dhiraj Talukdar, Coordinator, IQAC

**6. Name of the Resource Person**: Miss Meghna Koushik

Career Counselling and Soft Skills Trainer.

7. No of Participants in details (students): 38

**8. Nature of Participation:** Students & Teacher

9. Activities Carried out / Detail Description of the event: The Behavior remodeling workshop for college students was held with the aim of providing students with practical tools and strategies to enhance their behavior and develop positive habits conductive to personal and academic success. The workshop was designed to address various aspects of behavior, including time management, stress management, communication skills and goal settings. Feedback from participants was overwhelmingly positive with many expressing gratitude for the practical strategies provided and the interactive nature of the workshop.

#### 10. Photographs:







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### 11. Signature of participants:

SL	NAME	DESIGNATION	SIGNATURE
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4	Kanal Nayan Latowary	Prencipal	20023
2	Mitupan Ocka	In Assistant	Simis
Э.	Parthaptation Sarana	library Assistant	Second
4.	Monas Praction Kashyap	3xe5th Semister	Money Pratin tooling
5.	Himak Jyoti Jahkdar	BA 5th somester	Hirali Trolidahildo
6.	Goutam Das	BASTH Semester	Growton Dos
T.	Chierney Alors	BABOTH Semester	chamos Dan.
8.	Hirakelyati Deka	BA 1st Semestra	Hirdelyati Dyka
9.	Bharigab Deka	BA 1st semester	Bhougab Deka
10	Amax Joytu Dos	HS 1 st year	Amar
North say	Bhashyab Malakati .	HS 1st year	Bhashyob molakon.
12	Jyotismita Das	BBC. 5th sementer	Igotigmita
13	Saranga Daz	Bsc 5th sem-	30.
2/14/2	Prijam Preatin Baishya	HS-1st year	P. P. Baishya
15	Manimugalha Upanash	HS 1st year.	tw
16	Himasree Deka	BSc. 3rd som	Himasree Dos
17. 2	Mrigakshi Sarema	BSC 3red xem	Shara -
18	Meghma Sarma	Bea 5-th Sem	Maghma Sarma
190	Mostrage Dos.	B.A 1st Sem	Moitmaye exas:
20	Premjama Samma	BA 1st sem	Bauma
91 0	Akash Acharyra	BSc 3rd Sem	Thougga-
22	Abhilash Kashyap	B.se 3rd sem	Dam
23	Archama Borco	B.A 14 Sem	Arcohama
24	Bipasha Baro	B.A 1st Sem	Bipasha Baro
25	Bixnam Barman	B.A. 5th Sem	Berner
26	Igatishmila Sarma	B. A 14 Sem	Trodistronita Sarma
27	Bhaswati Sarma	B.A 1st sem	Bhaswati 8 or me
28	Jupitara Choudhury	B.Sc 1st Sean	Jupitaria choudhung
29	Bhoegab Hazaeiha	B.A 1st sem	Phaegals
30	PRITI KALITA	B.A. 3rd Sem	But harity
3L	Klarindra Medhi	B.A. Bord Sem	Khanindra Medhi.
33	Rosdip Karitu	HS 1ST YEAR	Rauth
33	Prance Romaniary	4.8 1st year	przince



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3 EV	ENT NO: 39		DATE : 02/11/202
SL	NAME	DE STGENATION/	SIGNATURE
No No		CIACO	,
35	Kamal Adhibert	H. S. 1St. Yalan	Kamal . A dhilari
36	Ankita Den	B.Se. Ith Sem	Ankita Dan.
37	Ricky Sarania	B. Sc 5th Sem	And .
38.	Bishal Mishka	B. Se toth Sim	Fine
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